



# Cyberbullying

**Be  
STRONG  
ONLINE**

An Ambassador Programme  
From The Diana Award



## Learning Objectives

- You will contribute to a group conversation about cyberbullying
- *Add in the learning objective from the activity you choose*

## Things to bear in mind:

- Everyone has the right to 'pass' on a question if they don't want to answer
- Everyone has the right to be listened to
- There should be no shouting out
- Everyone should feel comfortable asking questions

## Activity A – Dancing Man Case Study



### Your Ideas

**What would you say to the person who posted this image?**

**How would you try to help the man in the image?**

**Imagine you decide to try to find this man to celebrate him and raise awareness about cyberbullying. How would you try to find him? How could you raise awareness?**

## Vote With Your Feet

**1.** You see a comment that your friend has made about someone in school on Facebook. It's funny, but it might be taken the wrong way and hurt that person's feelings. Do you:

**A** - Share it privately with your group of friends

**B** - Ignore it

**C** - Ask your friend to delete it

**D** - Something else?

## Vote With Your Feet

**2.** You see a person being 'body-shamed' on Twitter. You don't know this person and there are a lot of people joining in with hurtful comments. Do you:

**A** - Join in

**B** - Speak out with positive comments

**C** - Report it

**D** - Something else?

## Vote With Your Feet

**3.** Your friend has become really withdrawn recently and seems upset when they look at their phone. Do you:

**A** - Talk to them

**B** - Investigate on their social media profiles for what might be causing the problem

**C** - Talk to a teacher

**D** - Something else?

## Vote With Your Feet

**4.** You have started receiving hurtful messages from someone at school on social media. Do you:

**A** - Ignore it

**B** - Retaliate with insults

**C** - Report it and block the person

**D** - Something else?



## Vote With Your Feet

**5.** Someone at school films a video of someone behaving inappropriately at a party. They send the video around school and you receive it. Do you:

- A** - Laugh and pass it on
- B** - Tell someone - a teacher or parent
- C** - Talk to the person in the video
- D** - Something else?

# Thank you!

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## PLEASE SUPPORT OUR WORK!

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